

“An Extra Hand”



Free time is a thing of the past. Today’s families are always on the run — errands, meetings, church, sports, musical lessons — with little or no time for themselves.

Let “An Extra Hand” help you find the extra time you need to de-stress your busy life. *You and your family are worth it!*

An Extra Hand specialist can accomplish the routine tasks that eat up your day and rob you of spending time with your family. Get help with tiresome tasks and mundane errands.

If you answer “yes” to any of the questions below, you may need *An Extra Hand!*

- ✓ Does your to-do list grow each day?
- ✓ Do you cross one thing off and then 13 more things appear?
- ✓ Do you dislike mundane errands?
- ✓ Is your unfinished laundry blocking out light and air?
- ✓ Would you like to focus more effectively at work and not worry about your other job at home?
- ✓ Would you like to rid yourself of those tiresome to-dos?
- ✓ Would you like to spend more time with your family and friends?

An Extra Hand Services

Manage Your Time	Accomplish Your Tasks	Organize Your Home
<ul style="list-style-type: none">○ Develop a plan○ Establish priorities○ Set specific goals○ Schedule your day	<ul style="list-style-type: none">○ Errands○ Laundry○ Grocery shopping○ Meal planning	<ul style="list-style-type: none">○ Kitchen○ Bedrooms○ Home office○ Garage

Call to customize the services you need. ♦ Gift certificates are available.

Cost. Four (4) hour minimum required per service request, then billed in 15 minute increments at \$35 per hour from time of departure until task is completed.

Cancellations. All cancellations must be made at least 24 hours prior to the scheduled time, or client will be charged a \$35.00 fee.

Hours of Service. Monday through Saturday 9:00am - 5:00pm. Additional fees will apply after-hours, holidays, and for expedited services.

Contact Sue McMillin

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